

Mt. Loafer Elementary School Community Council Meeting

April 12, 2021 @ 11:30AM, conference room

At least seven members must be present in order to conduct a vote. Members in attendance are highlighted.

Tara Rasmussen- PTO president

Sarah Brunson- principal

Missy Beutler- parent

Callie Naccarato- Co-Chair/teacher

McKell Merkley- parent

Jill Hanks- Facilitator (non-voting)

Tessa Nelson- parent

Kimber Yeates- Parent

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1. Welcome & Snacks
 2. Approve minutes from previous month- Jill
 - a. printed draft of minutes available
 - b. motion to approve: Tara Rasmussen
 - c. Second: Missy Beutler
 - d. Vote: Unanimous
 3. This month's business:
 - a. Healthy Lifestyles discussion and presentation
 - i. Efforts and successes to improve student wellness at Mt. Loafer
 - ii. Employees wellness climate
 - iii. Healthy choices/Federal Snack Policy

Items discussed:

Describe efforts and successes to improve student wellness in your school. Your discussion should include health and nutritional education, physical education and activity time, and steps being taken to create a healthier school environment.

- Health & Nutritional Education: Healthy lifestyles lessons taught in all classrooms k-5. Food Pyramid education and recognition of "my plate" and reflection on how students are doing when given choices in nutrition. An example of this is that second grade teachers take an approach to this where they bring food and have students sort the actual foods according to my plate and identify specific items that fit each good group as lessons.
- Physical Education & Activity Time: Fun Friday activities in every grade and classroom where students are able to participate in organized activities and games that promote physical education and engaging games. Track meet practice and preparation in the spring months. Organized games and units of instruction that are targeting skills for students. i.e. soccer and basketball units. Faculty V. Students kickball game in the Spring.
- Healthy School Environment: Encourage parents and students to bring and share healthier snacks and birthday treats. When class parties or celebrations are held we encourage teachers and classmates to share non-food or healthy choice foods with other students. No Vending machines or access to soda/sugary drinks and treats on the daily.

Describe employees' wellness climate, efforts or successes that have occurred in your school.

- School-wide participation in organized physical education efforts including PE Games, after school workout groups, etc.

Healthy choices for classroom rewards/celebrations:

How well are parents following the request to offer healthier rewards and celebrations? (Elementary only)

- Always room for improvement but parents are aware and often times will do the best they can with

How well are your teachers following the request to offer healthier rewards and celebrations?

- Teachers do a great job at offering alternative activities and rewards instead of treats and foods. There are however some times where they do use a treat in correlation with an alternative reward. For example: field day will have a popsicle rotation.

Federal Smart Snack policy, Nebo Vending Policy (EFC) and Student Wellness Policy (EFA):

How well has your school followed the Federal Smart Snack policy at lunchtime (Food items sold not part of lunch program that are not Smart Snack Compliant)?

- N/A. We do not offer snacks during the lunchtime for sale.

b. 2021-2022 SCC Seats up for Election

- Teacher, PTO & Parent Representatives **Callie will commit to two years, Missy Beutler will commit to 2 years, Kimber will be permanent voting PTO, Tara Rasmussen will move from PTO to Parent position, McKell and Tessa will stay as parent positions.**
- Proposal of day and time of meeting **Keep PTO 1st Monday at 10:30 and SCC at 11:30.**
- Motion to approve: **Tessa Nelson**
- Second: **Missy Beutler**
- vote: **Unanimous**

4. School Needs and Concerns: **None at this time. Signed School Improvement Plan.**

5. Action items for next meeting:

THANK YOU for a wonderful year on our SCC. You have all been wonderful to work with!

Motion to adjourn: **Missy Beutler**

Second: **Callie Naccarato**

NEXT MEETING: FALL 2021 Time TBD in Mt. Loafer Elementary Conference Room