2024 Pond Town Invitational

4th/5th Grade - May 1st

*Athletes will not be allowed to compete with spiked running shoes.

All athletes must wear traditional running or gym shoes.



Because of the turf <u>no</u> spectators will be allowed on the infield.



*4th grade will run on the west side of track *5th grade will run the east side of the track

Running Events:

100 Meter Trials - 4th Grade Girls/ 4th Grade Boys

100 Meter Trials - 5th Grade Girls/5th Grade Boys

400 Meter Final - 4th Grade Girls/4th Grade Boys

400 Meter Final - 5th Grade Girls/5th Grade Boys

200 Meter Semi Finals- 4th Grade Girls/4th Grade Boys

200 Meter Semi Finals - 5th Grade Girls/5th Grade Boys

800 Meter Final - 4th Grade Girls/4th Grade Boys

800 Meter Final - 5th Grade Girls/5th Grade Boys

100 Meter Semi Finals - 4th Grade Girls/4th Grade Boys

100 Meter Semi Finals - 5th Grade Girls/ 5th Grade Boys

Lunch Break- 15 minutes Lollipop Race

100 Meter Final - 4th Grade Girls/4th Grade Boys

100 Meter Final - 5th Grade Girls/5th Grade Boys

200 Meter Final - 4th Grade Girls /4th Grade Boys

200 Meter Final - 5th Grade Girls/5th Grade Boys

permits, we will begin the 4x100 relay events, Starting with the 4th grade girls and then 4th grade boys, then moving onto the 5th grade girls & 5th grade boys.

After the last event, - if time

*Rather than parent volunteers running the field events, the SHHS track club will be volunteering their time - so parents can watch their kiddos. Please tell them thank you!

*Field Events will begin @ 9:30am
*Running Events will begin @ 9:45am
ichools should be in the bleachers no later

In order to keep accurate records we cannot answer questions from kids or parents at the timing tent. Please follow the schedule and listen for announcements.

than 9:20am ready to go!

Field Events:

Softball Throw Standing Long Jump